



# Media kit

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## SIGNATURE TOPICS

- Self-Compassion vs. Self-Care
- Burnout & Stress in Black & POC Leaders
- Cultivating Emotional Curiosity
- Compassionate Leadership Skills
- Access & Inclusion in Mental Health Care

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"Esther is a wealth of knowledge as a clinician and a businesswoman."  
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# Meet Esther Boykin

speaker, therapist, author, founder

Esther Boykin is more than a Licensed Marriage and Family Therapist; she's a catalyst for transformative growth. As a TEDx speaker and a trusted television mental health expert, Esther has graced screens, stages, and boardrooms guiding organizations, celebrities, fellow therapists, and everyday individuals toward a more fulfilling and connected existence. Her core values of compassion, curiosity, and candor infuse every facet of her work.

Esther's magic is in her relatable approach and profound wisdom. No matter the setting she uses her signature style to show people how to create a life that lights them up and offers contentment even through challenging times.



“Securing Esther Boykin as a keynote for the Systemic Family Therapy Conference was a truly outstanding choice. Her message resonated deeply with our attendees, leaving them inspired and equipped with invaluable insights.”

Melanie Gibson, Chief Operating Officer



“Esther was nothing shy of amazing. I highly recommend her to any organization that wants to invest in the well-being of its people.

Tajuana L. Selby, Sr Manager

## Speaker Rates

travel fees excluded | ask about reduced rates + pro bono availability  
Panel \$2500+ | Standard Workshop \$5,000+ | Custom Workshop \$7500+ | Keynote \$10,000+